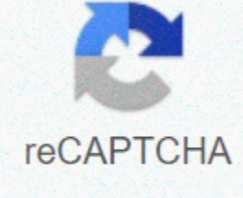




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How would i look after botox

botox injections can provide younger and smoother skin in one treatment. Facial injections such as botox work well to minimize wrinkles and act as an anti-aging solution for both women and men. when properly done, botox can offer excellent results, no prolonged recovery time and no side effects. it is also possible to improve botox injections with proper skin management before and after the procedure. if you are not sure what steps to take with the skin of the face before and after botox, pacific skins and dermatology cosmetic san francisco can help. here are some tips on maintaining the skin to make the results botox a success. how long do botox results last? admit it— botox can be amazing. It is a safe and effective neurotoxin that relaxes specific facial muscles that create dynamic lines and wrinkles. botox is a purified variety of botulinum toxin (type a) and, when properly injected, temporarily blocks the movements of particular muscles and tissues below. it takes about a week to see the complete results of botox injections as the targeted muscles begin to relax. the effects of botox injections can last about 3 to 4 months, and even longer for some patients. to maintain the results, patients can return to peace skins and san francisco cosmetic dermatology for further injections of this relaxing for powerhouse wrinkles. Did you know that botox results can be even better with the correct skin care before and after the procedure? here are some tips to help youfor injections. What should you avoid before the BOTOX treatment? A few days before the BOTOX appointment, it is necessary to avoid some products or activities that can irritate or inflame face skin, such as: Take hot baths or showers Participate in strenuous or vigorous exercises Taking anti-inflammatory drugs such as Advil or Tylenol Drink alcohol Rub or massage your face Get facial or spa treatments What do you need skin after BOTOX injections? BOTOX temporarily limits or weakens specific nerves and muscles to help both women and men restore a younger look to their skin. Experts at Pacific Skin and Cosmetic Dermatology San Francisco want you to know that your aftercare BOTOX is as important as what you do before your date. Protect the skin from exposure to the sun When you go out, protect your skin with sunscreen or wearing a hat. The sun does not damage the BOTOX results, but can cause skin damage and create new wrinkles. Use a spray-on tan method or makeup to safely add color to the face. Exercise your face after the BOTOX appointment relaxes your muscles or nerves in your face. You can help BOTOX work in those targeted places, exercising the face for 1 – 2 hours after the appointment. You should be squint, grimace, raise your eyebrows, and fawn. These specific movements help BOTOX injections to hold and settle. Avoid touching BOTOX injection sites After the BOTOX appointment, avoid touchinginjection sites. The skin can be slightly irritated around the injection area, but resist the desire to rub or massage it. This can cause the BOTOX to move in the wrong areas and change the final results. Resume your skin care regimen For the first days after treatment BOTOX, you can gently wash your face or apply lotions. You can use the same moisturizer and detergent you always have, as they do not damage your results. However, skin treatments, microdermabrasion, or any other type of skin treatment should be avoided for at least a week. Remaining from smoking Smoking is not only a malsana habit, it damages skin cells and causes premature aging. If you're going to treat yourself to BOTOX, get the most out of your investment. If you smoke, BOTOX will continue to work to smooth thin lines and wrinkles, but your skin will be even better without the harmful effects of cigarettes. Plan your consultation today If you are thinking about BOTOX, Pacific Skin and Cosmetic Dermatology San Francisco invites you to plan a consultation in one of their two convenient locations in the San Francisco, CA area. During your first appointment, your aesthetic needs will be discussed and a customized plan for your BOTOX injections will be conceived. The dedicated and experienced team of Pacific Skin and Cosmetic Dermatology San Francisco can help you with aesthetic responses like BOTOX so you can look and feel the best. Keep the skin smoother and more lively with the help of BOTOX.injections provide smoother and younger skin within a week of treatment, but you can make the results even better with the correct skin care after the procedure. in the days after injections, it is necessary to avoid some activities that can inflame or irritate the skin. You don't have to: take anti-inflammatory drugs such as tylenol or advil take hot showers or baths participate in a vigorous exercise receive facial treatments these activities can cause swelling and other problems that can prolong any of the rare side effects such as redness or swelling. botox works by relaxing nerves in the muscles around the face. you can help to work the treatment in these nerves by moving the face after treatment. You should dodge, damp, squeeze and raise your eyebrows. these movements will help the injection to hold down. even if the sun does not harm your results, it can damage the skin and worsen wrinkles. when you're out, wear sunscreen and/or a hat. avoid using suntan beds and use make-up or tan spray to get color more securely. smoking can make side effects from botox worse. also damages skin cells and causes premature aging. While botox will still smooth wrinkles, your skin will be better overall without cigarette damage. you should be kind with any face wash or lotion that applies in the days after botox. However, you can still use the same detergents, exfoliating and moisturizing that you always use. these products do not damage your botoxand can also improve the results if these products improve the texture of the skin and glow. However, if your skin care routine includes microdermabrasion or chemical peeling, you should wait at least a week after the Botox treatment for these services. Botox's results will last two to three months. However, if you get injections regularly, the results will start to last longer, sometimes more than four months. Maintenance injections can keep you younger and can be programmed immediately after the first injection. At the Virginia Beach Spa and Laser Center, our experienced staff can help you get the most out of Botox results. You can rely on our years of experience to achieve natural results. Contact us today at 757-965-7444 or online to plan your appointment with the spa. appointment. how to look after botox. how do you look after botox. how to care for botox

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